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Diet, Nutrition, and Health

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The role of diet in health and disease has been the subject of much general discussion in the media; major reports were recently issued by the US Surgeon General as well as by the National Academy of Sciences. In Canada, the Department of National Health and Welfare has released dietary recommendations designed to reduce the risk of disease and improve Canadian health. Diet, Nutrition, and Health is a timely source of scientific documentation on diet and health. Contributors include: J. Barone, Joyce L. Beare-Rogers, John Cairns. C. Wayne Callaway, K.K. Carroll, Sonja L. Connor, William E. Connor, Claire Cronier, Philip J. Garry, J. Geboers, Richard B. Goldbloom, Joan Dye Gussow, Richard Havel, J.R. Hebert, Anthony B. Hodsman, W.P.T. James, David J.A. Jenkins, Jozef V. Joossens, Harold Kalant, Norman M. Kaplan, David Kritchevsky, Gilbert A. Leveille, J. Alick Little, Lewis E. Lloyd, Anthony B. Miller, William E. Mitch, Minako Nagao, Heather Neilsen, Hiroko Ohgaki, Pirjo Pietinen, Robert Rhyne, Daniel A.K. Roncari, Takashi Sugimura, Keiji Wakabayshi, Thomas M.S. Wolever, and Ernst L. Wynder.

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