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Finish Strong: The Dan Russell Story

Dan Russell, Craig Borlase

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For twenty-one years Dan Russell trained for four to six hours a day, six days a week in pursuit of winning an Olympic Gold medal in the sport of wrestling. He pushed his body to the limits, enduring brutal weight loss regimens, shattering injuries, personal tragedy and constant inner battles with the voices from his past telling him that he wasn't good enough. With his brother and fellow champion wrestler, Joe, by his side, Dan reached the heights of what could be accomplished in the sport. Dan's Olympic dream was within his grasp. But God had other plans for his life.

Finish Strong is the incredible story of a driven man's pursuit of success and finding purpose when all seems lost. It is the story of a wrestler, struggling not just against his opponents in the ring, but to discover what makes a true champion.

The lessons from Dan's life teach us that to finish strong we must make the choice to fight for our dreams and embrace the struggle and when we do, the winning will take care of itself.

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