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Heart to Heart: Fourteen Gatherings for Reflection and Sharing

Christine Robinson, Alicia Hawkins

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Heart to Heart: Fourteen Gatherings for Reflection and Sharing

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Heart to Heart: Fourteen Gatherings for Reflection and Sharing Christine Robinson, Alicia Hawkins This elegant guide for spiritual sharing offers small groups the opportunity to connect through readings and journaling assignments. It features thought-provoking exercises on topics ranging from forgiveness and loss to nature, money and friendship. An easy-to-use handbook for both leaders and participants, Heart to Heart includes exercises for personal contemplation before each meeting and outlines a program for sharing these reflections in a small group. The authors present a model for careful, uninterrupted listening that allows participants to feel truly heard. Enriched by the experience, group members can take what they learn about themselves and each other into their homes, churches and the wider world.

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