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Biota: Grow. Gather. Cook.

James Viles

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Biota: Grow. Gather. Cook.

James Viles

Biota: Grow. Gather. Cook. James Viles
Biota is about habitat-inspired food using local produce to create pure dishes, with each recipe telling a story of how that dish came to be. Underpinning James Viles' food is a celebration of the balance of animal and plant life. His food brings together ingredients, textures and flavors that exist alongside each other in nature. There are 60 recipes, with accompanying stories, that reflect on the notion of biota, "the animals and plant life of a particular region" and the philosophy of using what is at hand. Lush photography captures the hunting and foraging that James does for Biota; showcasing the local flora and fauna. The message is simple—take your inspiration and intuition from the very place that surrounds you. Includes dual measures.

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