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The Psychology of the Body (LWW Massage Therapy and Bodywork Educational Series)

Elliot Greene MA NCTMB, Barbara Goodrich-Dunn BFS

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This book is designed to provide massage therapists and bodyworkers with a greater understanding of the psychological issues that can arise from using touch in their therapy sessions. The book describes the connection between the body and the mind, how touch affects this connection, the client's emotional reaction and release, and how to respond to the client in an appropriate manner. The purpose of the book is to clearly define the scope of practice in this area for massage therapists, and bodyworkers.

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