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The Source of My Strength: Relying on the Life-Changing Power of Jesus Christ to Heal Our Wounded Hearts

Charles Stanley

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Are you lonely? Do you feel restless and frustrated? Is anxiety eating away your joy or insecurity threatening your peace of mind? These problems may be symptoms of emotional wounds that need the healing touch of Jesus.

The Source of My Strength is a moving and personal look at the power of Christ to comfort those who hurt and to free those who are oppressed. Sharing his own journey through emotional pain, Dr. Charles Stanley offers biblical principles that help you:

- overcome pain, insecurity, frustration, loneliness, and alienation
- understand how emotional burdens constrict and confine your choices in life
- confront painful memories of the past
- find healing and hope in the promises of God

If you long to live fully and freely every day, this practical guide can help you discover your liberty in Christ.

No matter who we are today, we are poor?or lacking?in some way. We are captives to the memories of the past and the limited expectations we have for our futures. And unless we are willing to deal with the painful experiences that life brings our way, the pain becomes a burden and wound of the heart. Today is a great day to ask the Lord Jesus to take off your heart the heavy load you are carrying. ?Charles Stanley

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Have you spare time for just a day? What do you do when you have a lot more or little spare time? Sure, you can choose the suitable activity intended for spend your time. Any person spent their spare time to take a walk, shopping, or went to the particular Mall. How about open or even read a book entitled The Source of My Strength: Relying on the Life-Changing Power of Jesus Christ to Heal Our Wounded Hearts? Maybe it is to become best activity for you. You realize beside you can spend your time using your favorite's book, you can more intelligent than before. Do you agree with their opinion or you have various other opinion?

Tim Walton:

This The Source of My Strength: Relying on the Life-Changing Power of Jesus Christ to Heal Our Wounded Hearts is great guide for you because the content that is full of information for you who else always deal with world and still have to make decision every minute. This specific book reveal it information accurately using great coordinate word or we can declare no rambling sentences included. So if you are read this hurriedly you can have whole facts in it. Doesn't mean it only will give you straight forward sentences but challenging core information with beautiful delivering sentences. Having The Source of My Strength: Relying on the Life-Changing Power of Jesus Christ to Heal Our Wounded Hearts in your hand like having the world in your arm, data in it is not ridiculous 1. We can say that no guide that offer you world throughout ten or fifteen moment right but this e-book already do that. So , it is good reading book. Heya Mr. and Mrs. hectic do you still doubt that will?

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