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Coaching Tennis Technical & Tactical Skills

American Sport Education Program

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Coaching Tennis Technical and Tactical Skills is a practical resource that will help you become a better high school, club, or college tennis coach. With the expert guidance of Kirk Anderson, director of recreational coaches and programs for the United States Tennis Association (USTA), you'll learn coaching and evaluating skills and then focus on technical and tactical skills of tennis, including quick tips on detecting and correcting errors in your athletes, cues athletes need to be aware of in various tactical situations, and key information your athletes need to know in order to make the appropriate decisions on the court. Skills are cross-referenced so you can see how they relate to each other and quickly determine how to use them in practice situations. Whether you are a veteran coach or just a beginner, this book will help you take your coaching to the next level by providing you with the tools you need to teach athletes the game of tennis.

The American Sport Education Program (ASEP) is the leading provider of youth, high school, and elite-level sport education programs in the United States. Through its high-quality and easy-to-use programs, ASEP has educated more than 1.5 million coaches, officials, sport administrators, parents, and athletes. For more than 25 years, local, state, and national sport organizations have partnered with ASEP to lead the way in making sport a safe, successful, and enjoyable experience for all involved.

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