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How to Build a Monstrous Physique: For the Extreme Hardcode Bodybuilder (Full Color Paperback Version) (Nekoterran) (Volume 4)

Nekoterran

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TO MY OUT-OF-SHAPE FRIEND,

You have come to the right place. The information in this book contains exact knowledge on:**how to build a monstrous physique for the extreme hardcore bodybuilder.** If you learn how, and apply what you learn, you will achieve just as the title reads—**guaranteed! What is in this book?** This book is a step-by-step guide to building a monstrous physique. If you desire to know what builds muscles, causes excess body fat, how to burn body fat, maintain an alkaline body temperature, and the basics on bodybuilding…all of this information is covered in my other book.

This is NOT a beginners program. To successfully complete the monstrous program, you must first master:

1. How to Build More Muscle than Ever before and Maintain Muscle Mass Permanently 2. Cleanse and Reconstruct the Intestines: The Most Powerful Internal Detoxification Program The monstrous program is the final step of the trio. **What separates this program from other bodybuilding programs?** What separates the monstrous program are RESULTS. The internal system must be clean and be functioning in optimal shape to build extremely large muscles. **If you choose to follow through with the guidelines in these pages after the completion of the other 2 programs, your health, fitness, body and muscular physique will be untouchable.** If you do not experience change after the completion of the monstrous program, you will receive 100% of your money back, guaranteed!
Included in this e-book: .

Bonus:

Monstrous Physique Workout Program.

This program is not a quick fix; it requires 8 - 10 weeks of dedication and a lot of work on your part.

Required for the completion of this program:

- Spend $150+ on natural herbs
- Make dietary changes
- Dedicate yourself for 8 - 10 weeks to the program
- Approach the program with an open mind and be open to new methods and new ideas
- Enjoy optimal health

If you cannot commit to the above points 100%,

DO NOT PURCHASE THIS PROGRAM.

This is not a program for you! If you agreed to all the points above, prepare for a permanent change. **Available for a limited time for only $16.99!** Click on the “Buy now with 1-Click” above.

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Maria Jennings:

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