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IBS is BS

Lawrence Bodner

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IBS is BS

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IBS is BS Lawrence Bodner

Seventy million Americans suffer from IBS (irritable bowel syndrome). Are you one of them, or do you have a family member or friend who does? In IBS is BS, author Lawrence Bodner answers a host of questions related to IBS, and he offers an effective treatment protocol that will markedly improve your life and reduce or eliminate your suffering.

Relating his personal journey from illness to health, Bodner shares six discussions revolving around IBS by using comparisons of baking a cake and comparing the human body to an automobile. The discussions include:

- basic human anatomy;

- digestion;

- food contents and components;

- the development of IBS;

- autoimmune disease;

- new concepts and discoveries; and

- treatment protocol.

Presenting a step-by-step playbook for the over-the-counter treatment of IBS and its ilk, IBS is BS gives answers and solutions to the eleven percent of Americans who suffer from this not-so-pleasant medical condition. It provides an insightful tour into the causes and effective treatment resolutions that can help alleviate your suffering.

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