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Diabetic Eye Disease - Don't Go Blind From Diabetes: An easy to understand guide to keeping your vision for people with diabetes

David Khorram MD

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Millions of people go blind from diabetes. Make sure you're not one of them. In this book, award-winning ophthalmologist, writer and educator, Dr. David Khorram serves as your guide, giving you the knowledge you need to keep your vision for a lifetime.

This easy to understand guide begins with a description of how the eye works and how diabetes causes damage, not just in the eye but throughout the body. Dr. Khorram then discusses the stages of diabetic retinopathy, as well as other diabetic related problems such as cataracts, fluctuating vision and double vision. Dr. Khorram goes on to explain the types of doctors that provide diabetic eye care, the details of the eye exam, and an overview of special eye tests that you may need to evaluate diabetic eye disease. A separate section discussed treatment of diabetic eye disease, including laser treatment, surgery, and the use of revolutionary new drugs such as Avastin which can stabilize and even reverse vision loss. Finally, Dr. Khorram touches on issues related to control of diabetes and other health problems that can play a major role in helping you prevent blindness.

"An outstanding book for people with diabetes and their families."
~John T. Thompson, MD, President, American Society of Retina Specialists

"The depth and clarity of Dr. Khorram's book are amazing and it is a godsend to people with diabetes."
~Frank Harritt, Founder and CEO of *Diabetes Self-Defense, LLC*

"Having lived with diabetes for almost 30 years and treated patients with diabetes for nearly 20, I can say that Dr. Khorram does an outstanding job explaining the how's and why's of diabetic eye care in a sensible and understandable way. This is one book that I plan to read for a lifetime!"
~Gary Scheiner, MS, CDE, author of *Think Like a Pancreas: A practical guide to managing diabetes with insulin*

"If knowledge leads to action, you are well on your way to a lifetime of healthy vision. This book answers all your questions..."
~Jill Weisenberger, MS, RD, CDE, author of *Diabetes Weight Loss - Week by Week*

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