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One Cup at a Time: Finding Coffee, Love, and Happiness

Debra-Lynn Bellefeuille

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One Cup at a Time: Finding Coffee, Love, and Happiness Debra-Lynn Bellefeuille
Is there anything that can match the pure pleasure of sitting at a café watching life go by? Assuming you have a cup of coffee in hand, that is! Coffee, that lovely elixir of life, has provided stimulation, solace, and socialization around the world for centuries. Part coffee-lover's diary, part travelogue, always engaging, informative and insightful, One Cup at a Time is the tale of a woman's quest for love and happiness...and coffee. When work brought Debra-Lynn Bellefeuille to London, England, travel delivered new cultural adventures and life supplied plenty of ups and downs. Coffee became her therapy and a way of discovering herself: a sort of kick-starting, uplifting antidote to regrets. She has scouted out the best coffee shops, met fellow coffee aficionados, researched myth, fact, and fiction, participated in ancient coffee rituals, tasted the most expensive coffee in the world, and travelled to Marrakesh and beyond in search of the best coffee experiences, always sharing her love of coffee with others. She found her greatest pleasure in sitting at a coffee shop, savouring the taste and observing others-watching life go by, one cup at a time.

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