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Best Season Yet - A Daily Devotional for Athletes: Discover a Purpose Beyond Winning and Losing

Rebekah Trittipoe

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Praise for Best Season Yet: 12 Weeks to Train: Athlete's Edition

Find a game plan to keep the main thing the main thing. This book is about more than great performance; it s about encouraging others to be great people fulfilling their God-given purpose for life! ~ Jimmy Page Vice President of Field Ministry, Fellowship of Christian Athletes (FCA)

An exceptional book written by an exceptional athlete, coach, guide, wife, mom,and person.~ **Carey Green, Head Coach, Women s Basketball, Liberty University**

Best Season Yet: 12 Weeks to Train is a wonderful resource for teams or individual athletes looking for a concise tool to help focus the spiritual and mental components of their season. ~ **Chris Anderson National Director, Fellowship of Christian Athletes Endurance Ministry (FCA)**

Description:

It's the first practice. Your back against the cold, dented locker, you take your spot on the floor, waiting. A posse of other hopefuls surrounds you. A tense excitement is palpable. Or maybe you're the coach, and you feel that same electricity. What will the season bring? you ponder. How will these kids perform? How can I lead them and help them find their potential? Inhaling deeply, you scan the faces and begin.

There is nothing like a new athletic season, full of promise for both coach and athlete. Goals are set, commitments made. But as the season progresses, it's all too easy to lose focus in the fray.

Best Season Yet: 12 Weeks to Train is a book (with integrated journal) that guides the coach and team to embrace their God-given talents, discover a purpose beyond winning and losing, and spur each other to that place where fear and dreams collide. For a dozen weeks, the entire team will visit themes such as commitment, submission, goal setting, pain and suffering, and pursuing excellence. It offers an opportunity to discuss and journal practical ways to set the principles in motion. The format of five easy-to-read stories is ideal for use in a Monday-through-Friday school setting. Best Season Yet is a resource for the coach, team member, or individual athlete who desires to experience an exceptional season.

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Keith Devine:

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