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Tunnel Visions: Memoirs of a Mixed Martial Arts Champion

Ryan Bow

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Tunnel Visions: Memoirs of a Mixed Martial Arts Champion Ryan Bow
Part autobiography, part travel narrative, Tunnel Visions: Memoirs of a Mixed Martial Arts Champion is the true story about a young African American's dream to become a MMA champion in a foreign land.

The author, Ryan Bow, narrates his journey to Japan, Thailand, and other international destinations. His amazing tale will challenge your concept of humanity and make you question your priorities.

From struggling to master the Japanese language, and dealing with complex visa laws to remain in the country legally, to working for the Yakuza (Japanese mafia), and making a living as a professional fighter in Japan, this story is about the author's struggle to survive in a Japanese culture that has little tolerance for Americans who refuse to just fit in.

Through his eyes, readers will also experience what it's like to train under Frank Shamrock at the famed American Kickboxing Academy and fight in MMA events on the same cards as UFC stars Anderson Silva and Chael Sonnen.

Furthermore, this memoir chronicles how Ryan survived a life threatening medical condition. For the first time ever, Ryan goes into detail about how his contract to fight Jens Pulver, for the first ever UFC Lightweight Championship of the World, fell through.

Live life through the eyes of an MMA insider, learn what really goes on in the mind of a fighter, and see how the world of MMA and Ultimate Fighting really works.

Whether you are new to the sport, or a loyal follower of mixed martial arts, this tale of triumph is as inspiring as it is unique. Readers will walk away knowing what it really means to be a fighter.

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