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Ballet Secrets for Skaters: How to Hone Your Artistic Competitive Edge

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Ballet Secrets for Skaters: How to Hone Your Artistic Competitive Edge
Do you command an audience's attention using graceful arm and head positions?

Learn how...in the first ballet book designed for skaters!

Ballet Secrets for Skaters unlocks the secrets of ballet technique in a fun and friendly style. Discover many tools and tips for proper placement of the upper body--the first place an audience looks.

. Phtos of real figure skaters show common pitfalls and how to avoid them.
. Ballet Secrets and Quick Checks help you remember these points on the ice.
. Emphasis on making a winning impression--even when you stand still.

Bonus! Olympic Gold Medalist Viktor Petrenko and Ladies World Champion Yuka Sato--famous for their artistic expression--offer advice and inspiration for today's competitive skaters.

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