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DEVIL inside MY MIND: Some Journeys Are Just Meant to Be Read

Gaurav Nigam

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DEVIL inside MY MIND: Some Journeys Are Just Meant to Be Read Gaurav Nigam
"I thought about taking my life for the 138th time today. No I am not making this up.

The words that you write last for your book are the one that are read first by your audience. Ironical. Such was my life.

Hi. I am Amit. This is the story of my life, a life lived through the tinted glasses of OCD – a weird disease where you can't shake off the strangest of thoughts. I have lived in alternative realities, been slapped in public for touching a woman's back to purify her, walked in a loop of the same 70 steps for over five hours to make sure my loved ones do not die. Things that are normal were never normal for me.

This is the story of my life… A life twisted by OCD… My journey from insanity to sanity, from the deepest dark wells to the pinnacles of success… From being the Patient to becoming the world-renowned doctor. This is my one and only story."

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