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His Holiness The Dalai Lama (Enhanced Edition): A Message of Spiritual Wisdom

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"I always consider myself as a simple Buddhist monk. I feel that is the real me. I feel that the Dalai Lama as a temporal ruler is a man-made institution. As long as the people accept the Dalai Lama, they will accept me. But being a monk is something which belongs to me. No one can change that." --His Holiness the Dalai Lama

In October 2012, the Dalai Lama visited the Kurukulla Center for Buddhist Studies in Medford, Massachusetts and addressed approximately 1,800 residents from this diverse New England community.

To commemorate the one-year anniversary of his Holiness' visit, Comcast NBCUniversal presents this enhanced edition for Kindle Fire HD of *His Holiness The Dalai Lama: A Message of Spiritual Wisdom* to inform readers about the impact he has around the world.

The Dalai Lama is a well-known figure, with millions of followers through social media channels and within all parts of the globe. Yet his history, background, and the scope of his accomplishments often go unnoticed.

His Holiness The Dalai Lama: A Message of Spiritual Wisdom explains how the religious leader was first chosen in 1937 and provides an overview of his political and cultural history. It also celebrates the way he brings communities together through a message of peace and nonviolence.

Included are text and video excerpts from the Dalai Lama’s address to attendees of the Kurukulla Center, as well as discussion questions, a glossary of terms, and select resources.

In addition, the book also features a video introduction by Ann Curry of NBC News, as well as video of her exclusive interview with the Dalai Lama on *Today*.

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