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# Poetry as a Spiritual Practice: Illuminating the Awakened Woman

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**Poetry as a Spiritual Practice: Illuminating the Awakened Woman** Various
In this reflective collection of personal essays, poems and meditations, fifty women illuminate the powerful role poetry plays in unleashing their spirits. Juxtaposing the waxing and waning of the moon phases, with cycles of concealing and revealing their own voices, the authors tap into an ancient theme to explore the mystical experience of birthing a poem. What is it about the unique nature of poetry that draws fullness of expression from female hearts? How do poems become conduits to what is most sacred within us? This third book to emerge from the "Journey of the Heart Poetry Project" lifts the veil on these, and other mysterious subjects, surrounding women who spontaneously engage poetry writing as part of their spiritual practice. All proceeds from the book will be donated to a nonprofit organization dedicated to empowering women to express themselves through writing.

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In this particular era which is the greater man or who has ability in doing something more are more treasured than other. Do you want to become considered one of it? It is just simple method to have that. What you need to do is just spending your time very little but quite enough to have a look at some books. One of the books in the top checklist in your reading list is actually Poetry as a Spiritual Practice: Illuminating the Awakened Woman. This book that is certainly qualified as The Hungry Hills can get you closer in turning out to be precious person. By looking right up and review this guide you can get many advantages.

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