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The Great Compendium of Acupuncture and Moxibustion Vol. V

Jizhou Yang

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The Great Compendium of Acupuncture and Moxibustion by Yang Ji Zhou is an encyclopedic Ming dynasty work on Acupuncture and Moxibustion. Volume 5, translated by Lorraine Wilcox, Ph.D, L.Ac., covers the details of using various point categories, for example, the five shu points, yuan and luo points, and the confluence points of the eight extraordinary vessels. Yang Jizhou gives special attention to the Jing Well points, host/guest protocols, and treating disease using the twelve main channels and the eight extraordinary vessels. There is also an exhaustive look at the use of the Stems and Branches and the Chinese calendar for selection of these points. This Volume of the Great Compendium was geared to advise practitioners (from a Ming Dynasty perspective) on how to use the Stems and Branches in their practice, and also for the scholar who wants to understand the complicated subject of Zi Wu Liu Zhu and Ling Gui Ba Fa. Wilcox does a masterful job of bringing these complex subjects to the reader. Included in this book are 67 diagrams, tables and illustrations that intimately explain how the use of the Stems and Branches and the Chinese calendar.

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