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A touch of color: A Coloring Book for Adults Featuring Mandala, Flowers, Ocean Life, Paisley and Animal Design

Avanti Digital Art

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Adult Coloring Books: A Touch of Color — A Coloring Book for Adults Featuring Mandala, Flowers, Ocean Life, Paisley & Animals — Beautiful, Intricate Designs — Relieves Stress & Anxiety — Promotes Relaxation & Improves Moods

Details:

- **75 UNIQUE and BEAUTIFUL DESIGNS**: This coloring book features various coloring designs including mandalas, flowers, Ocean Life, Paisley, Animals and more; all to help increase your creativity and enjoyment.
- **LARGE SIZE - 8.5 x 11 page size and PRINTED ON ONE SIDE of the PAGE**: The designs in this coloring book are printed on one side of the page (and the back of page is blank) which is perfect for coloring pencils, crayons, and even pencils or pens.
- **STIMULATES RELAXATION**: Coloring books for children help promote creative learning, whereas coloring books for adults also help promote relaxation and positive feelings.
- **REDUCES FEELINGS OF STRESS**: Coloring it's just fun, it can also reduce stress and anxiety by stimulating motor skills, creativity, and lowers the activity of the amygdala, a basic part of our brain involved in stress.
- **FUN, CREATIVE EXPRESSION**: An adult coloring book is a great way to express yourself creatively with colors, patterns to use of space, no two pages or art projects will ever be the same.
- **GREAT GIFT IDEA**: This unique coloring book for adults makes an excellent gift idea.

Boost your creativity with a fun, relaxing adult coloring book!

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We all know that coloring is great for early learning, and to help children gain confidence in their abilities, but did you know it's also a great way for adults to reduce stress and anxiety levels? The **A Touch of Color** adult coloring book is designed to help boost creativity and promote positive, healthy moods and feelings. With a multitude of designs and styles, our adult coloring books give you the power to escape everyday stress and feel more confident and balanced. Break out your colored pencils, shading pencils, and other art supplies and start creating unforgettable art that makes you feel wonderful.

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Features of the A Touch of Color adult coloring book:

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· Multiple Designs, Shapes, Patterns and Pictures

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· Relieves Stress and Promotes Relaxation

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· Stimulates Creativity

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· Designed Exclusively for Adult Coloring

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From reader reviews:

Ronald Karl:

Information is provisions for individuals to get better life, information these days can get by anyone from everywhere. The information can be a knowledge or any news even a huge concern. What people must be consider while those information which is inside the former life are challenging to be find than now's taking seriously which one is suitable to believe or which one typically the resource are convinced. If you get the unstable resource then you obtain it as your main information there will be huge disadvantage for you. All of those possibilities will not happen in you if you take A touch of color: A Coloring Book for Adults Featuring Mandala, Flowers, Ocean Life, Paisley and Animal Design as the daily resource information.

Yvonne Webb:

A lot of people always spent their particular free time to vacation as well as go to the outside with them friends and family or their friend. Were you aware? Many a lot of people spent they will free time just watching TV, or maybe playing video games all day long. If you need to try to find a new activity this is look different you can read some sort of book. It is really fun to suit your needs. If you enjoy the book which you read you can spent all day every day to reading a reserve. The book A touch of color: A Coloring Book for Adults Featuring Mandala, Flowers, Ocean Life, Paisley and Animal Design it is extremely good to read. There are a lot of those who recommended this book. These people were enjoying reading this book. In the event you did not have enough space to create this book you can buy the actual e-book. You can m0ore easily to read this book from your smart phone. The price is not too costly but this book features high quality.

Karl Irwin:

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James Labrecque:

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