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Eat This Poem: A Literary Feast of Recipes Inspired by Poetry

Nicole Gulotta

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Literary cookbook *Eat This Poem* celebrates food and poetry, two of life's essential ingredients.

As a voracious reader and writer, Nicole Gulotta spent most of her childhood in the library, not the kitchen. When she moved away to college, Nicole temporarily traded pens and notebooks for knives and cutting boards, and while learning to cook and sustain herself away from home, discovered a love of food in the process.

Inspired by her popular blog by the same name, the *Eat This Poem* cookbook features more than 75 new recipes paired alongside verse from 25 of America's most beloved poets. Forage mushrooms with Mary Oliver, then wander into your kitchen to stir creamy truffle risotto. Study the skin of a pear with Billy Collins while you bake a warm vanilla-pear crumble. And honor the devoted work of farmers with Wendell Berry while snacking on popcorn dusted with rosemary and drizzled with brown butter.

Additional pairings include:

- "How to Eat Alone" by Daniel Halpern | Moroccan Roasted Lamb with Herb Yogurt and Couscous with Kale and Dill
- "First Thanksgiving" by Sharon Olds | Brussels Sprout and Avocado Salad, Wild Rice with Chestnuts and Leeks, and Sage and Mushroom Gravy
- "Potato" by Jane Kenyon | Shepherd's Pie with Sweet Potatoes, Mustardy Potato Salad, and Crispy Oven Potatoes
- "While Eating a Pear" by Billy Collins | Pear and Manchego Grilled Cheese, Warm Vanilla-Pear Crumble, and Triple Ginger Coffee Cake

In *Eat This Poem*, Nicole invites you into her kitchen and brings poems to life on the plate by infusing each section with personal stories, thoughtful commentary, and simple ingredients. Beautifully illustrated and utterly delightful, you'll want to brew yourself a cup of tea before curling up with this charming cookbook.

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Deandre Freeman:

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